

Valerie Mann-Grosso  
SED 532

**LESSON PLAN**  
**BODY LANGUAGE**



**DATE:** 3-15-01

**COURSE TITLE:** BODY LANGUAGE ETHICS

**SPECIFIC TOPIC:** Body language and proxemics

**ENGAGE:** Have students sit in a circle and put out the questions: What is communication? What kinds of communication exist?

**EXPLORE:** Ask students about body language - Various means of communication (Eye contact; kissing; hugging; touching; hand shaking)  
Ask students about personal space. Proxemics - Study of space

**ELABORATE:** While holding an open, casual, conversation like Socratic dialogue  
Students are directed and enlightened in the discovery of body language and proxemics.

**ENERGIZE:** Have two students demonstrate different types of communication. They are to stand at varying distances from each other and role model the varying modes of communication entailing proxemics. (Prior Arrangements are to be made with two students in the class).

**EVALUATE:** Students are to evaluate what the demonstrating students are doing and figure out how this connects to real-life communication patterns entailing body language and proxemics.

**EXTEND:** Students will be asked to observe different peoples as they engage in the fine Art of human communication... They will be asked to bring back what they observed and be ready to discuss it in the next class.

**ENRICH:** Nonverbal communication entails the main means by which people communicate - thus its importance... Ask for students to give an example of a situation in which they paid attention to body language rather than verbal cues and they were right... Give examples or a story.